Proforma Narrative Analysis

SAMPLE RECORD SHEET

My target:

1. Describe the incident:
   Who?
   Where?
   What happened?

2. Did you ignore the teasing?  YES  NO
   What did you do to help you to ignore the teasing?

3. What did the others do then?

4. Did ignoring solve the problem?  YES  NO

5. How did you feel afterwards?