Problem scenario – boys

Peer Pressure

Tom has got a lot of really good mates who he’s known since primary school but recently they have all got into drugs in a big way. Tom tried to smoke some dope at a party last month but it made him feel sick and he didn’t like feeling so spaced out. He couldn’t remember what he was doing and that made him feel scared. His friends have told him not to be soft and to keep smoking and he’ll get used to it and enjoy it like them. They can’t understand him and are also trying to get him to act as their buyer – going to the dealer’s house to pick up their drugs for them.

Questions

› Why do you think the drugs make Tom feel like this?

› Is his response ‘normal’?

› Do some people enjoy doing drugs more than others?

› How would you feel in Tom’s shoes?

› What could he say to his friends?

› Can you make up an ‘assertive script’ for Tom?

› What would happen if he got caught buying drugs?

› Who can help Tom? What would you suggest?