

TRANSGENDER (TRANS) – LIVING A DIFFERENT GENDER FROM THAT ASSIGNED AT BIRTH

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- Barrett, J. (Ed.) (2007). *Transsexual and other disorders of gender identity*. Oxford: Radcliffe. The seminal textbook on trans from a pragmatic and medical perspective containing chapters on psychological support, surgery, endocrinology, speech therapy, religion and UK law.
- Bornstein, K. (1994). *Gender outlaw*. London: Routledge. As the seminal challenge to a binary gender system, this book is both funny and thoughtful.
- Bornstein, K., & Bergman, S.B. (Eds.) (2010). *Gender outlaws: The next generation*. New York, NY: Avalon Publishing Group. An updated compilation in the same vein as *Gender outlaw* above.
- Ettner, R., Monstrey, S., & Eyler, A.E. (Eds.) (2007). *Principles of transgender medicine and surgery*. New York: The Haworth Press. A US-based overview of many of the aspects of changing gender.
- Lev, A.I. (2004). *Transgender emergence*. London: Haworth Clinical Practice Press. A very useful and comprehensive book covering psychotherapy with trans people.
- Shaw, L., Butler, C., Langdridge, D., Gibson, S., Barker, M., Lenihan, P., das Nair, R., Monson, J., & Richards, C. (2012). *Guidelines for psychologists working therapeutically with sexual and gender minority clients*. London: British Psychological Society.
- United Kingdom Gender Recognition Act 2004 – the UK law on changing gender.
- Wilchins, R.A. (1997). *Read my lips: Sexual subversion and the end of gender*. Ann Arbor: Firebrand Books. The seminal trans manifesto, beautifully written, funny, moving.
- www.ftmi.org. FTM International is a site assisting trans men and prompting political and individual rights for trans men.
- www.beaumontsociety.org.uk. The Beaumont Society has been assisting men who present as women since 1966 and is an excellent repository of knowledge and support. The society has a somewhat older membership than the Queer Youth Network.
- www.queeryouth.org.uk/community. The Queer Youth Network acts as a community base for information and support for young queer people, which includes those who present in a way not societally usual for a person of that birth-assigned gender as well as other young people with a variety of identities and practices.