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## PART I: WHY JUMP-START ROUTINES?  

1. The First Few Minutes of Mathematics Class  
   - Why the Traditional Warm-Up Doesn’t Work  
   - The Problem With Going Over Homework  

2. Jump-Start Routines: New Warm-Ups for a New Era  
   - Routines for Reasoning in Mathematics  
   - Routines for Improving Number Sense and Reasoning  
   - 10,000 Hours of Practice  
   - Routines That Satisfy the Need for Quality Practice  
   - Routines for Achieving Improved Performance  
   - Routines for Rehabilitating Number Pluckers, Pluggers, and Crunchers  
   - Routines for a Growth Mindset  
   - Routines to Honor and Leverage Errors  
   - Routines to Actively Develop Confidence  

3. Implementing Jump-Start Routines  
   - Routines That Are Ready for Use  
   - Flexible Use  
   - Timing of Routines: How Long? When?  
   - Which Routines to Use?  

4. Plan for the Routine  
   - Select the Routine and the Content or Concepts  
   - Use Routines to Set the Stage for Meaningful Discourse  

5. Practical Advice for Routines  
   - Modify, Modify, Modify  
   - Identify or Create the Content or Topics  
   - Use Routines Formatively  
   - Be Committed and Creative
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Note From the Publisher: The authors have provided video and web content throughout the book that is available to you through QR (quick response) codes. To read a QR code, you must have a smartphone or tablet with a camera. We recommend that you download a QR code reader app that is made specifically for your phone or tablet brand. Videos may also be accessed at resources.corwin.com/jumpstartroutines/highschool.