Peer pressure cards – key questions

Girls and boys can pick one card at a time, read it out and then try to answer the following key questions:

1. What do you think you would do if you were under pressure to do this? How would you feel?

2. What would make you give in to the pressure?

3. What would help you resist the pressure?

4. How do you think you would feel afterwards if you gave in to the pressure?

5. What do you think would happen if you refused to give in and get involved? How would you feel?

6. How would you cope with the situation?

7. What would be the benefits to you if you didn’t get involved?

8. What would be the benefits to others of you not getting involved?