The American Psychological Association, the Australian Psychological Society and the British Psychological Society have all produced guidelines for working with sexual and gender minorities which are well worth reading for further detail, as is the British Association of Counselling and Psychotherapy review of research on LGBT clients.


The Pink Therapy collection of books was the foundation of UK sexual minority therapy. The most recent of these was:


There are two major US handbooks on affirmative therapy with LG clients which provide great detail:


The following book is particularly aimed at heterosexual practitioners working with LG clients.


Two further UK books are helpful edited collections of contributions around, mostly LG, issues in psychotherapy:


For a more thorough overview of LGBTQ psychology (particularly thorough on LG matters) see:


There is useful material, and resources, about LG people on the following websites:

LGBT Consortium: www.lgbtconsortium.org.uk
Stonewall: www.stonewall.org.uk